

Lunch Menu

SEASONS CAESAR SALAD	12.50
Roast Chicken Breast, Lettuce, Cucumber, Spring Onions, Pancetta, Cherry Tomatoes, Croutons & Shaved Parmesan with Caesar Dressing	
DRY AGED RUMP STEAK (8 Oz)	19.95
Served with Mushroom, Tobacco Onions and Champ or Chips Choice of Sauce: Pepper/Garlic Butter/Béarnaise	
PRAWN LINGUINI	13.95
Linguini with Tiger Tail Prawns in Seasons Tomato & Garlic Sauce, Finished with Grated Parmesan	
STUFFED PEPPERS	10.95
Peppers Stuffed with Vegetable Couscous & Crumbled Feta with Pesto, a Balsamic Glaze and Side Salad	
OPEN SANDWICH Served with Homemade Wheaten Bread and Salads	
• Prawns in a Marie Rose Sauce	12.95
• Tuna, Mayo & Spring Onion	11.50
• Coronation Chicken	11.95
PANINI or TOASTED TORTILLA WRAP Served with a Garnish of Mixed Leaves, Coleslaw and Crisps	9.50
• Tuna, Mayo, Cheese & Spring Onion	• Ham, Cheese & Sweet Chilli Sauce
• Mediterranean Falafel, Salad, Sweetcorn & Ballymaloe Relish	• Coronation Chicken • Ham, Brie, Rocket & Onion Marmalade
GRILLED CLUB SANDWICH Served with a Garnish of Mixed Leaves, Coleslaw and Crisps	10.50
Filled with Chicken, Bacon, Tomatoes, Lettuce & Mayo. Available on White, Granary or GF Bread	
FINNEBROGUE WAGYU BEEF BURGER	13.95
Served on a Brioche Bun with Lettuce, Tomato, Red Onion & Burger Sauce and a Side of Chips Extra Toppings: Cheese 50p, Bacon 85p	
CHARRED HALLOUMI BURGER	12.95
With Roasted Field Mushroom, Onion Marmalade & Dill Pickle and a Side of Chips	
BEEF & GUINNESS PIE	13.95
With a Puff Pastry Top, Served with Buttery Champ and Garden Peas	
STEAK SANDWICH	13.95
Served On Ciabatta with Cracked Black Peppercorn Sauce, Mushrooms & Onions and a Side of Chips	
STICKY THAI STYLE CHICKEN TENDERS	12.95
Chicken Tenders Tossed in a Thai Chilli & Sesame Glaze Served on a Toasted Pitta with Asian Slaw and a Side of Chips	
PEPPERED CHICKEN STACK	13.95
Breaded Chicken Fillet on a Bed of Buttery Champ with Cracked Black Peppercorn Sauce & Tobacco Onions	
BEER BATTERED SCAMPI	14.95
With Seasons Homemade Tartare Sauce and a Side of Chips	



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SOUP & SANDWICH COMBO		9.95
Choose from the following sandwich fillings on White, Granary or Gluten Free Bread:- Chicken Salad / Ham, Cheese & Ballymaloe Relish / Tuna, Mayo & Red Onion / Cheese, Tomato & Mayo		
SEASONS SEAFOOD CHOWDER	Served with Homemade Wheaten Bread	11.00
Salmon/Cod/Prawns/Smoked Haddock/Potatoes/Cream Sauce		
VEGETARIAN CIABATTA MELT		9.95
Ballymaloe Relish, Tomato, Red Onion, Mixed Peppers, Sweetcorn & Cheese		
ALL DAY BREAKFAST		12.95
Two Slices of Bacon, Two Sausages, Two Fried Eggs, Soda Bread, Potato Bread, Mushrooms & Baked Beans		
PANCAKE DUO		8.95
Two Pancakes with Two Slices of Bacon & Maple Syrup		
WALTER EWING'S SMOKED SALMON		10.95
with Scrambled Eggs & Toasted Wheaten Bread		
OMELETTE	Three Egg Omelette with Two Fillings and a Side Salad	9.95
Extra Fillings: Cheese / Ham / Mushroom / Tomato / Onion / Peppers / Bacon		0.85 ea
SIDES: CHIPS / CHAMP / TOBACCO ONIONS		3.95
COFFEE		
Americano	2.95	
Cappuccino	3.30	
Café Latte	3.30	
Flat White	3.30	
Mocha	3.50	
Double Espresso	2.65	
Extra shot to any coffee	0.50	
Add Syrup	0.50	
COLD DRINKS		
Milk	1.80	
Still / Sparkling Water (330ml)	1.95	
Coke, Diet Coke, Coke Zero, (330ml)	2.75	
7Up, 7Up Free (220ml)	2.40	
WINE		
Chardonnay / Sauvignon Blanc / Pinot Grigio	5.95	
Rosé	5.95	
Rioja / Merlot / Shiraz / Cabernet Sauvignon	5.95	
TEA		
Regular Tea		2.50
Herbal Tea		2.50
OTHER HOT DRINKS		
Steamer		2.40
Luxury Hot Chocolate		3.75
Hot Water & Lemon		2.00
Chai Latte		3.35
Dirty Chai Latte		3.85
Club Orange (220ml)		2.40
Pepsi, Pepsi Max (220ml)		2.40
Robinson's Fruit Shoot		1.60
Pure Orange or Apple Juice		2.50
BOTTLED BEER		
Peroni		4.95

